

# Umbrella is joining Geneva Wellbeing



## Why we're evolving

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For years, Umbrella has been helping organisations across Aotearoa improve mental health and build resilience. Now, we're taking an exciting step forward by becoming part of Geneva Wellbeing – a new brand that brings together complementary health services under one integrated approach, one cohesive brand. This evolution reflects our understanding that workplace wellbeing works best when connected with broader wellbeing support. Mental health, physical wellness, workplace support, and specialised services all influence each other, and our new integrated approach acknowledges this holistic reality.

Geneva Wellbeing is built around moving your people and culture forward. This vision aligns perfectly with what we've always aimed to do at Umbrella – supporting progress and positive change in people's wellbeing. By joining forces with other specialist services under the Geneva Wellbeing name, we're creating a more connected approach that recognises how different aspects of health influence overall wellbeing.

## What this means for you

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As part of Geneva Wellbeing, Umbrella will continue to provide the same evidence-based psychological services you trust, delivered by the same team of experts. What's changing is your access to additional services that complement our psychological expertise:

- Expanded workplace wellbeing programmes that integrate physical and mental health
- Specialised workplace rehabilitation services and return-to-work support
- A more streamlined experience with one trusted partner for all your workplace wellbeing needs

## What's staying the same

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While our name will change, our commitment to you remains unwavering:

- The same team of experienced psychologists and wellbeing experts
- Our evidence-based, research-informed approach
- Our commitment to bicultural practice in Aotearoa
- The high-quality services and programmes you know and value
- Our personalised, partnership approach to working with your organisation.

## Part of the New Zealand Health Group whānau

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Geneva Wellbeing is proudly part of New Zealand Health Group (NZHG), a collective of health and wellbeing organisations committed to helping all New Zealanders live their best lives. Our parent organisation's kaupapa – “Together, for good, Pai ake tātau” – guides everything we do, ensuring our integrated approach delivers meaningful, lasting outcomes for individuals, whānau, and organisations across Aotearoa.

## The transition journey

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Our transition to Geneva Wellbeing will happen gradually over the coming months. You'll soon be able to find us at our new website: [genevawellbeing.co.nz](https://genevawellbeing.co.nz)

In the meantime, you can continue to access all our services through [umbrella.org.nz](https://umbrella.org.nz) as usual. We'll keep you updated throughout this transition period.

For any questions about what this means for your organisation, please reach out to your usual Umbrella contact. We're here to ensure this transition enhances our service to you without any disruption.

We're genuinely excited about this next chapter and the expanded ways we'll be able to support your organisation's wellbeing journey.