

ROLE R&D Intern	The purpose of this role is to provide research, development, and design support for our online wellbeing InFlow learning platform. This internship is funded by a Callaghan Innovation R&D Experience Grant.
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Location	Auckland preferred for R&D team collaboration: Working from home and the Umbrella office
Contract Type	Fixed-term, Full-time (40 hours per week)
Reports To	Dr Amanda Wallis, Research, Development & Innovation Lead
Duration	10 weeks, Nov 2023 – Feb 2024 (start and end dates flexible) Summer close-down (unpaid): 21 December 2023 – 9 January 2023
Rate	\$26 an hour

WHO WE ARE

We are a team of registered psychologists, researchers, and other brilliant people with a passion for supporting wellbeing. We work with organisations throughout New Zealand and internationally, supporting leaders and their people to create positive, high-performing workplaces that enhance wellbeing. Our psychological expertise alongside our business nous means we are skilled at taking best-practise scientific research and tailoring it to be relevant and engaging for different work environments.

We receive consistently high feedback for both our expertise and how relatable we are across all areas of the business. We role model what great wellbeing looks like while knowing that's within a context of a constantly changing world and business environment and we have the humour to manage the challenges and have fun along the way.

TO BE SUCCESSFUL

The ideal candidate for this internship will have a psychology background, skills in written communication, a passion for designing engaging and visually appealing materials, an interest in wellbeing and organisational psychology, be efficient and methodical and have a keen eye for detail in their work. As well as working well independently, the candidate will also thrive while working with people and embrace being an important member of our passionate team.

OUR EXPECTATIONS

As the selected student, you will be involved in research, design, and development of new online learning products on Umbrella's InFlow wellbeing platform, as part of Umbrella's larger programme of innovation work.

The core responsibilities of this role are:

Research and content synthesis	Working within the wider project team, the selected student will use their psychology and digital nous to review across the team's collected research, experience, and written resources to determine, advise on and develop: <ul style="list-style-type: none"> - Core content translated into written copy to include in online learning tools
Design & Development	Working within the wider project team, the selected student will use their psychology and digital nous to: <ul style="list-style-type: none"> - Design and develop, with wider team support, a series of learning modules dedicated to enhancing wellbeing in the workplace (including the design of graphics using Canva) - Work with our R&D team to lay out a future roadmap for digital development to build on learning tools, considering new and upcoming advancements.



REQUIREMENTS

To be considered for this internship, you must meet the following requirements:

- Have studied or be studying Science (Psychology) or Design at a New Zealand tertiary education institution.
- Be studying at NZQA level 6-10;
- If study has been completed, you must have been studying towards one of the qualification types listed above and the closing date of the final semester must be less than 12 months ago;
- Be legally permitted to work in New Zealand;
- Able to work effectively using own device (laptop).

CAPABILITIES NEEDED

- An interest in psychology and wellbeing (preferably organisational psychology)
- Strong written communications skills, including using plain-language English for a general audience
- Digital and technology savvy with a particular interest in, and passion for, design (e.g., using Canva)
- Strong attention to detail
- Good work ethic and ability to work independently
- Personable and enthusiastic team member
- A curious and collaborative growth mindset.

You will champion the behaviours that are core to our work and Umbrella's values.

Manaakitanga | Supporting Wellbeing – *we prioritise the wellbeing of ourselves and others, we genuinely care for one another, we celebrate and respect each other's mana*

Whanaungatanga | Working Together – *we are on a journey with our customers and our team, we build lasting relationships that are collaborative, communicative, and foster a sense of belonging*

Whakapono | Trust – *we foster psychological safety, we embrace diversity, we enable a workplace of trust and respect and celebrate giving things a go*

Whakaaweawe | Impact – *we are evidence-based and innovative, we demonstrate excellence, we are effective at what we do*

Ngākau pono | Integrity – *we are authentic, transparent, reliable, and consistent, we are learning to embrace when to flex and when to say no*

To find out more, visit our website at <https://umbrella.org.nz> and LinkedIn at <https://www.linkedin.com/company/umbrella-wellbeing/>

If you have any questions about your eligibility for this role, please email Amanda Wallis (amanda@umbrella.org.nz)

TO APPLY

To apply for this opportunity, please email your CV and cover letter to Sara McLay (sara@umbrella.org.nz) by 5pm 6th October 2023.