

R&D	<b>INTERN</b>

The purpose of this role is to provide research and development support for our Digital Wellbeing Platform.

Location	Auckland is preferred for R&D team collaboration: Working from home and the Umbrella office.
Contract Type	Fixed-term, Full-time (40 hours per week up to 400 hours)
Reports To	Dr Amanda Wallis, Research Lead
Duration	10 weeks, Nov 2022 – Feb 2023 (start and end dates flexible)
Rate	\$23.65 an hour

#### WHO WE ARE

We are a team of registered psychologists and other brilliant people with a passion for supporting wellbeing. We work with organisations throughout New Zealand and internationally, supporting leaders and their people to create positive, high-performing workplaces that enhance wellbeing. Our psychological expertise alongside our business nous means we are skilled at taking best-practise scientific research and tailoring it to be relevant and engaging for different work environments.

We receive consistently high feedback for both our expertise and how relatable we are across all areas of the business. We role model what great wellbeing looks like while knowing that's within a context of a constantly changing world and business environment and we have the humour to manage the challenges and have fun along the way.

### TO BE SUCCESSFUL

The ideal candidate for this internship will have a psychology background, skills in written communication, creative thinking, an interest in wellbeing and positive psychology, be efficient and methodical and have a keen eye for detail in their work. As well as working well independently, the candidate will also thrive while working with people and embrace being an important member of our energetic team.

# **OUR EXPECTATIONS**

As the selected student, you will be involved in research, design, and development of new products on Umbrella Wellbeing Platform, as part of Umbrella's larger programme of innovation work.

The core responsibilities of this role are:

RESEARCH	<ul> <li>Review recent research literature on topic areas relevant to development projects i.e., what is best practice?</li> <li>Summarise and present this research review, with support from our research team</li> <li>to the wider Umbrella team through written summaries and/or a verbal presentation</li> </ul>
DESIGN & DEVELOPMENT	<ul> <li>In collaboration with other R&amp;D team members, help with developing new digital products on our platform, informed by organisational and positive psychology principles and research</li> <li>Collating and organising content</li> <li>Evaluating look and feel</li> <li>Undergoing testing and reviewing customer feedback</li> </ul>



#### **REQUIREMENTS**

# To be considered for this internship, you must meet the following requirements:

- Be studying Science (Psychology) at a New Zealand tertiary education institution;
- Be studying at NZQA level 7-10: Doctoral Degree, Master's Degree, Bachelor's Degree; Bachelor Honours Degree; Graduate Diploma; Graduate Certificate, Postgraduate Certificate or Postgraduate Diploma;
- If your study has been completed, you must have been studying towards one of the qualification types listed above and the closing date of the last semester must be less than 12 months ago;
- Be legally permitted to work in New Zealand;
- Able to work effectively using own device (laptop).

#### **CAPABILITIES NEEDED**

- An interest in positive psychology and wellbeing;
- Experience in finding, summarising, and consolidating academic research;
- Digital and technology savvy;
- An understanding of the Privacy Act and professional ethics regarding data privacy;
- Good work ethic and ability to work independently;
- Verbal and written communication skills;
- Personable and enthusiastic team member;
- A curious and collaborative growth mindset.

You will champion the behaviours that are core to our work and Umbrella's values.

To find out more, visit our website at <a href="https://umbrella.org.nz">https://umbrella.org.nz</a> and LinkedIn at <a href="https://www.linkedin.com/company/umbrella-wellbeing/">https://www.linkedin.com/company/umbrella-wellbeing/</a>

If you have any questions about your eligibility for this role, please email Amanda Wallis (amanda@umbrella.org.nz)

## **HOW TO APPLY**

To apply for this opportunity, please email your CV and cover letter to Emily Weston-Taylor (emily@umbrella.org.nz) by 5pm 30th September 2022.