

ROLE Clinical	We are a team of clinical psychologists who work with organisations throughout New Zealand and internationally, supporting leaders and their people to create positive, high performing workplaces that enhance wellbeing.
Psychology Facilitator	Our psychological expertise alongside our business nous means we are skilled at taking best-practise scientific research and tailoring it to be relevant and engaging for different work environments.
	The purpose of this role is to enhance the wellbeing of individuals, teams and organisations through exceptional group facilitation where you are relatable, knowledgeable and adaptable to their needs.

Location	Wellington [Note: Post Covid-19 travel is expected fairly regularly as part of this role].
Reports To	CEO
Contract Type	Open to discussion
Hours	Business hours - Flexible
Salary Type	Salary / Hourly – Open to discussion
Equipment	Laptop & Phone

## TO BE SUCCESSFUL

Our facilitators are highly competent, engaging and warm. We have a passion for making psychology relevant and real for people, where each interaction we have makes a positive difference.

Our learning workshops are run in busy and demanding work environments and adapt as we go to ensure we add the most value for each group. We may be leading a mental health awareness training with a team of managers who are supporting their people through a stressful change process one day, then strengthening resilience with a team who deal with demanding frontline customers the next.

We receive consistently high feedback for both our expertise and how relatable we are. We role model what great wellbeing looks like, while knowing that's within a context of a constantly changing world and business environment and we have the humour to manage the challenges and have fun along the way.

## OUR EXPECTATIONS

## The core responsibilities of this role are:

- Psychological knowledge and ability to adapt this knowledge to meet the needs and style of different groups of people;
- Engaging diverse groups of people quickly and safely, including across dispersed teams, different demographics and a range of learning styles;
- Content development to translate the science behind psychological knowledge in an interesting, straightforward and down to earth manner;
- Enable people to become excited and hopeful about making behaviour changes including their ability to strengthen their resilience at work and in life;
- Comfort in being challenged and turning these interactions into constructive learning moments for all;
- Build strong and on-going relationships with the clients you're working together with;
- Competent in Umbrella's business systems to ensure a great customer experience.



# Additional responsibilities may include:

Team work is core to our success and from time to time we'll ask you to get involved in areas such as:

- Peer-to-peer learning and development;
- Resource and collateral development;
- Conferences and events;
- 1:1 clinics to support client work.

# **KEY RELATIONSHIPS**

## As a Group Facilitator you will work together in partnership with:

- Umbrella clients;
- Umbrella's core facilitation team to share learning and develop training together;
- Umbrella's clinicians for 1:1 referrals;
- Umbrella's customer experience and operations team;
- Umbrella's CEO on business development opportunities;
- Industry networks and professional bodies.

# **CAPABILITIES NEEDED**

#### The ideal person to join the umbrella team will have experience in the following areas:

- Registered clinical psychologist with 3 years + experience;
- Proven ability to facilitate diverse group learning with 3 years + experience;
- Ability to translate knowledge into practical, digestible and realistic content;
- Successful relationship building;
- Strong communication skills;
- Tech savvy with Microsoft and software systems;
- Business acumen and an understanding of how corporate organisations successfully operate;
- People leadership during times of change.

## You will role model the behaviours that are core to our work, including:

- Relatable with an ability to quickly establish safety, comfort and warmth;
- Authentic and genuine with a good sense of humour;
- Consistently professional and comfortable in a range of business environments;
- Flexibility and agility to adapt your working style and think on your feet;
- Exude passion about wellbeing at work and helping people to improve theirs;
- The situational awareness to both self-coach and coach others;
- Willing to step outside your comfort zone, holding empathy and curiosity throughout;
- Collaborate well with others;
- Proactively look after your wellbeing and be your best self at work;

## OUR COMMITMENT TO YOU

In return for your outstanding performance we offer you the opportunity to work with people and organisations in a preventative role, proactively building wellbeing and mental health. A role at Umbrella means:

- Interesting, satisfying and enjoyable facilitation work across a broad range of people and industries;
- A warm and supportive team environment;
- Excellent renumeration and a flexible working environment;
- Opportunities for professional development and diversifying your psychology skills.