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## Rapid change is becoming the norm for New Zealand organisations

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This fast tempo requires employees to be both resilient and agile, able to maintain their performance under pressure and adjust positively to new challenges.

Best practice scientific research has clearly identified both the individual skills employees need to demonstrate this resilience, and the climate leaders need to foster to enable agility.

In this session, Umbrella will review key insights from the research and provide practical examples of how you can strengthen individual, team and organizational resilience in your business.

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### Jacqui Wall

Jacqui is Umbrella's managing director and is a practicing clinical psychologist with expertise in strengthening resilience, understanding stress and mental ill health, and creating environments where people and teams can flourish.

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**When:** 9:00am - 10:30am, Tuesday 26 September, 2017.

**Venue:** Wellington Biz Dojo, 115 Tory St, Te Aro, Wellington 6011

**RSVP:** To confirm a place or for any further information please contact Jacqui Wall

**Email:** [Jacqui@umbrella.org.nz](mailto:Jacqui@umbrella.org.nz) or **Phone:** 027 426 8160